

Jesus Loves Me

The children have moved to their new classrooms and we are excited for the new school year! If your child is in a new classroom and you would like to meet the teacher and see the room, you can contact the office to schedule a time.



Please remember that Great Beginnings is a Nut Safe Environment. **Please do not send any items that contain Peanuts or Tree Nuts with your child.** Thank you for helping to keep our children safe.



We would like to invite all grandparents to our Grandparent's Day Breakfast on the GO! On Friday September 8th between 8am and 9am. We will have donuts for grandparents, they can come with their grandchild at drop off and grab an on the go breakfast to eat. We look forward to celebrating all our special grandparents.



Beginning in September we will be starting My First Dance, Tumble Tots and Soccer again. More information will be sent home as we get closer to the dates.



Healthy eating is important at every age. Offer kids a variety of fruits, vegetables, grains, protein foods, and dairy or fortified soy alternatives. When deciding on foods and beverages, choose options that are full of nutrients and limited in added sugars, saturated fat, and sodium. Start with these tips:

Offer variety

Include choices from each food group – fruits, vegetables, grains, protein foods, and dairy and fortified soy alternatives – in meals and snacks during each day.

Connect at mealtime

Eat meals together whenever possible. Turn off the TV and put away phones and tablets so you can “unplug” and focus on healthy foods and each other.

Make good nutrition easy

Designate a shelf or a drawer in your fridge for your kids. Stock it with cut up fruits and vegetables, yogurt, and whole-wheat mini bagels and crackers.